Teen Empowerment Awareness into Action Activities You Are Not Alone Reminders

# Fatels Day Patel Gold Svaneger Hurt

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- Promote help seeking
- Spread information about where to find the school's counselor or social worker



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#### Materials

- Cut out leprechaun footprints or rainbows
- (Optional) Chocolate coins
- Container (the "pot of gold") to hold the chocolate

#### Assembly

- 1. Cut out leprechaun footprints or rainbows and post them in the school leading to the counselor and/or social worker offices.
- 2. Fill a pot with chocolate coins and place in counselor and/or social worker offices

#### Application

- Many students don't know where the counselor and/or social worker offices are in their school. It's very important that students know where in your building they can go for help if they need it for themselves or a friend. Have students create a fun scavenger hunt that can solve that with a "pot of gold" at the end in the social worker's or counselor's office!
- Make an announcement and encourage people to stop by for a piece of chocolate.

## Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:







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Contact Nathalia@erikaslighthouse.org for more information

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