

# Beacon of Hope Wooden Door Signs



## PURPOSE //

- Allow teachers or staff in your building to participate in the Beacon of Hope program by providing them with a wooden sign to hang on their door saying that they are a Beacon of Hope. This will indicate to students that they are a trusted adult to go to if the student is ever looking for help for themselves or a friend.
- For an extra boost of education in your building, consider ways to further educate your teachers and staff about teen depression and good mental health.

## INSTRUCTIONS //

### Materials

- Unfinished hanging wood signs (order on Amazon or a craft store) Paint or a Cricut machine
- Notecards - colored index cards
- Clear pockets to hold the notecards
- Twine or rope to hang sign
- Command hooks

### Assembly

1. Create the following using a Cricut machine: teacher names, the lighthouse, the red and the white inserts for the lighthouse, and the orange "lights" for the lighthouse. If a Cricut machine is not available, club members can also paint directly onto the wood signs.

2. Have the club members create an assembly line. Some can put the names on the signs, some put the lighthouses on, some put the red, white and orange accents on, and some put the clear plastic pockets on.
3. Club members can then make the note cards with different inspirational sayings. After all the signs are made, club members can choose some of the cards to insert into the clear plastic holders.
4. Optional: attach rope or twine to the back of the sign.
5. Club members can then put them in teachers' mailboxes, along with the command hook.



Thank you to Ho-Ho-Kus School in New Jersey for this activity.

### Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:



Contact [Nathalia@erikaslighthouse.org](mailto:Nathalia@erikaslighthouse.org) for more information