Teen Empowerment Awareness into Action Activities

Positivity Promoter



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- Understanding that words and messages are powerful
- Sharing positivity makes others happy and this is personally rewarding. It creates a positive atmosphere of trust and kindness.

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- Share Positivity throughout the school building
- Inspire students' creativity
- Create awareness about mental health
- Encourage kindness

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#### Materials

- Sticker template (below)
- Markers, colored pencils, crayons, etc.
- Sticker printer paper with six 3"x3" square labels
- Computer and scanner/printer

#### Assembly

- 1. Print templates
- 2. Plan a time and place for students to vote (Ex. end of the day)
- 3. Scan and upload design to computer and print on sticker paper

#### Application

- Distribute sticker templates to students
- Have students create inspirational or motivational quotes and or designs
- Choose or vote on a favorite sticker (or choose several!)
- Feel free to simply design stickers using the template below and print
- This activity can be completed without the contest component



A special thank you to Key Club members for the creation of this activity.

#### Let us know how the activity goes!

We'd love to hear from you or receive pictures or tag us on social media:









Contact Nathalia@ErikasLighthouse.org for more information

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# STICKER CONTEST TEMPLATE

