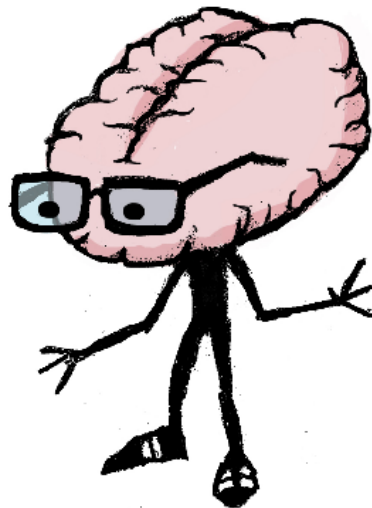


DEPRESSION

is a common, serious and
treatable brain disorder
impacting 15-20% of teens
before adulthood.



Symptoms include: depressed mood or irritability · loss of interest in pleasurable activities · change in weight or appetite · change in sleep · feeling sped up or slowed down · fatigue or loss of energy · feelings of worthlessness or guilt · trouble concentrating or making decisions · thoughts of death or acts of self-harm

Worried about yourself
or a friend?

Schedule an appointment to see a school mental health worker today: