

Beacon of Hope Instructions

Materials

- Lighthouse printouts
- Beacon of Hope poster
- Pen or markers
- Scissors
- Tape or something to attach the Lighthouses to door/wall

Assembly

Cut the Lighthouse printouts into sixths.

Application

- Allow teachers or staff in your building to participate in the Beacon of Hope program by providing them with a Lighthouse. They can print their name in the box underneath the Lighthouse and tape it to their door or on their wall. This will indicate to students that they are a Beacon of Hope and someone to go to if they're ever looking for help for themselves or a friend.
- For an extra boost of education in your building, consider ways to further educate your teachers and staff about teen depression and good mental health.

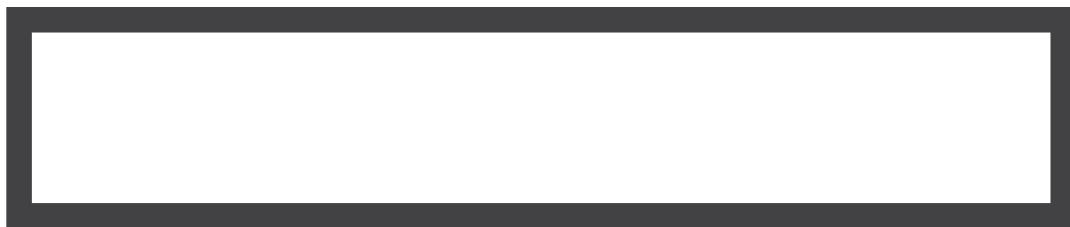
**Let us know how the activity goes!
We'd love to hear from you or receive pictures.**

Contact Ilana@ErikasLighthouse.org for more information



Erika's Lighthouse

Have You Seen the Lighthouses Around the School?



A teacher or staff member with a Lighthouse on their door is a Beacon of Hope for good mental health.

If you are concerned about yourself or a friend, talk to one of these trusted adults.

For more information about teen depression, check out
www.ErikasLighthouse.org



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of Hope



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