School Clubs that Empower and Educate to Eliminate Stigma

Raise Awareness  Break Stigma  Spread Empathy

TEEN EMPOWERMENT
EMPOWERING TURN-KEY AUTHENTIC

CLUBS HOPEFUL ACCESSIBLE PEER-LED

www.ErikasLighthouse.org
Peer-led turn-key opportunities to create inclusive school communities

**Ghost Lollipops (October)**
Talking about depression doesn't have to be spooky. Use candy and ghost cutouts to educate teens.

**Beacon of Hope Door Signs**
Place lighthouses on offices and classrooms around school to show students where they can find support.

**Heart to Heart Conversations (February)**
This Valentine's Day you can hand out heart candy and bust stigma through conversations.

**Send Some Encourage-Mint**
Put together a little note and mint and spread positivity around your school with an Encourage-Mint.

Over 40 more available...
www.ErikasLighthouse.org