MORNING ANNOUNCEMENTS

Good morning, (Your School Name Here),
I'm your name here with insert club name.

Do you know what mental health is?

Mental health is all about how we feel on the inside. Just like how we take care of our bodies by eating healthy food and getting enough exercise, we also need to take care of our minds and feelings.

I'm looking for some students to help me spread kindness for good mental health by joining the club name.

Erika's Lighthouse®