

Checking in with your Therapist - Questions to Ask (use this every 4-6 weeks)

Do you agree with the initial diagnosis?

Tell me about your relationship with my child. Do you think you work well together?

Are you making satisfactory progress towards meeting your goals? Can we review the goals and the progress that's being made?

How much more time do you think you will need for treatment?

Are there things we should be doing at home to help?

Are there things that the school, other therapist or other professionals should be doing?

Are family sessions recommended?
