

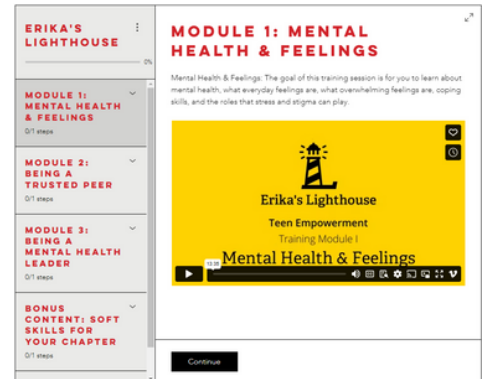


3 Ways SADD Chapters can Partner with Erika's Lighthouse

1

Complete the Erika's Lighthouse Course under Mental Health & Wellness on MySADD.

Encourage Chapter members to watch the three 10-15 minute video modules: Mental Health & Feelings, Being a Trusted Peer, and Being a Mental Health Leader. These modules can be found on the MySADD portal under My Courses.



2

Co-Brand your SADD Chapter with Erika's Lighthouse by becoming an Affiliate Club.

By becoming an Affiliate Club, your Chapter will have access to over 60 fun & engaging Awareness into Action Activities (access activities by creating a [Resource Portal account](#)), virtual Meet & Greets with other Affiliate Clubs and Empowerment e-newsletters. Go to [Empowerment Clubs](#) to learn more. Questions? Email Derick: derick@erikaslighthouse.org.



3

Promote good mental health all year!

Join the movement for good mental health with our two campaigns! Our Give Voice campaign during Suicide Prevention Week in September as well as our Positivity Pledge during Mental Health Awareness Month in May! Both these campaigns can be found in the [Resource Portal](#) under Schoolwide Campaigns.

