



Training Module 3: Be a Mental Health Leader

Discussion Questions

1. Did any of the Awareness into Action Activities look like something that you would like to do at your school? Which ones?
2. Go to erikaslighthouse.org and click "Access Programs: Login/Register" to create a Resource Portal account as a Student.
3. Once you have an account, view the Awareness into Action Activities and choose two that you like. Explain why you like them.